

## EVA K. PETERS

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### EDUCATION

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#### **Ph.D. – Business, Organizational Behavior and Human Resources (2020- expected: July 2025)**

SINGAPORE MANAGEMENT UNIVERSITY, SINGAPORE

Thesis: Mindfulness and Entrepreneurship: Looking Back and Moving Forward

#### **Master's Degree (M.A.) – Organizational Psychology (2015-2017)**

INTERNATIONAL SCHOOL OF MANAGEMENT, HAMBURG, GERMANY

Relevant Coursework: Psychology of HR and Health Management, Advanced Methods of Psychological Research, Applied Business Psychology, Coaching, Negotiations

Thesis: Decision simulation using Adaptive Choice Based Conjoint Analysis (ACBC)

#### **UCSD Professional Studies Abroad Program (2016)**

UNIVERSITY OF CALIFORNIA, SAN DIEGO, US

Relevant Coursework: Cognitive Psychology, Research Practicum, Policymaking in the US

#### **Bachelor's Degree (B.Sc.) – Business Administration & Economics (2011-2014)**

UNIVERSITY OF COLOGNE, GERMANY

Relevant Coursework: Psychology (introduction & intercultural); Descriptive, economic, and inferential Statistics, Decision Theory, HR Management, Economics

### RESEARCH INTERESTS

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Mindfulness, higher education, entrepreneurship, leadership, well-being, decision-making

### PUBLICATIONS

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Tan, N., **Peters, E. K.**, & Reb, J. (2023). The Effect of a Mindfulness-Based Training on Leadership Behaviors and Effectiveness: A Quasi-Experimental Intervention Study with an Active Control Condition. *Mindfulness*

Masters-Waage, T. C., **Peters, E. K.**, & Reb, J. (2021). A Meditation Toolkit for Business Leaders. *Asian Management Insights*. 8(1)

### MANUSCRIPTS IN THE REVIEW PROCESS

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**Peters, E.K.**, Sim, S., Reb, J., Young J.H., & Elser, M. (revise & resubmit). Minding Well-being: Validation of the Mindfulness-Based Strategic Awareness Training (MBSAT) for Working Adults. *Mindfulness*.

## SELECTED WORK IN PROGRESS

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**Peters, E.K.**, Sim, S., Reb, J., Saito, H., & Tov, W. (writing). Mindfulness-Based Holistic Education in Management: Foundations and Effects on Student Well-Being

**Peters, E. K.**, Tan, K. & Reb, J. (to submit). The Role of Mindfulness in Entrepreneurial Founding Team Relationship Quality and Entrepreneurial Well-being

**Peters, E. K.**, Reb, J., Stephan, U. & Nübold, A. (writing). Mindfulness in Entrepreneurship: A Review and Research Agenda

**Peters, E. K.** & Reb, J. (writing). Sustainable From the Inside Out: On the Relevance of Mindfulness for Sustainable Entrepreneurship Intentions and Sustainable Entrepreneurial Decision-Making.

Born, N. M., Treffers, T., Nai, J., Reb J., **Peters, E. K.** (data collection). Breaking a Mindless Habit: Evidence from an Experience Sampling Study about the Effectiveness of a Mindfulness Intervention against Gender Bias

## PRESENTATIONS

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Masters-Waage T. C., Loo C., **Peters E.K.**, & Reb J., (2020) Zen and the Art of Interruptions: The complementary role of mindful awareness and acceptance in buffering against interruptions at work, at the Mind & Life Annual Conference run by University of Wisconsin: Madison.

Masters-Waage T. C., **Peters E.K.**, Loo C., & Reb J., (2020) Bad Markets, Bad Contracts: A job scarcity mindset impairs decisions made on the job market, at the Society for Judgement and Decision Making Annual Conference.

Masters-Waage T. C., Loo C., **Peters E.K.**, Leroy S., & Reb J., (2021) Zen and the Art of Interruptions: The complementary role of mindful awareness and acceptance in buffering against interruptions at work, at the Academy of Management Conference.

**Peters, E.K.**, Masters-Waage T. C., & Reb J. (2022). When choosing to help feels better than you think: How affective forecasting errors prevent us from helping others, at the Society for Judgement and Decision Making Annual Conference.

Masters-Waage T. C., **Peters E.K.**, Loo C., & Reb J. (2022). The Negative Consequences of the Subjective Experience of Job Scarcity on Jobseekers, at the Academy of Management Conference.

**Peters, E. K.**, Tan, K. & Reb, J. (2023). The Role of Mindfulness in Entrepreneurial Founding Team Relationship Quality and Entrepreneurial Well-being, at the Academy of Management Conference.

Sim, S., **Peters, E. K.**, & Reb, J. (2023). Fear of Negative Evaluation Mediates the Positive Effect of a Brief Mindfulness Intervention on Feedback-Seeking Behavior, at the Academy of Management Conference.

**Peters, E.K.**, Sim, S., Reb, J., Saito, H., & Tov, W. (2024). From Suffering to Flourishing: Toward a Synthesis of Mindfulness and Positive Psychology in Tertiary Education, at the Conference of the International Society for Contemplative Research.

**Peters, E.K.**, Sim, S., Reb, J., Young J.H., & Elser, M. (2024). Minding Well-being: Validation of the Mindfulness-Based Strategic Awareness Training (MBSAT) for Working Adults, at the Conference of the International Society for Contemplative Research.

**Peters, E. K.**, Tan, K. & Reb, J. (2024). Mindfulness enhances Entrepreneurial Well-being through supporting Co-founder Goal-coordination, at the Academy of Management Conference.

**Peters, E.K.**, Sim, S., Reb, J., Saito, H., & Tov, W. (Forthcoming, 2025). Mindfulness-Based Holistic Education in Management: Foundations and Effects on Student Well-Being, at the Asia Pacific Network for Holistic Education.

## TEACHING EXPERIENCE

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### **Assistant Lecturer (2023-present) | SINGAPORE MANAGEMENT UNIVERSITY, SINGAPORE**

The Science and Practice of Mindfulness at Work (Undergraduate Elective)

### **Lecturer (2024) | SINGAPORE MANAGEMENT UNIVERSITY, SINGAPORE**

The Science and Practice of Mindfulness at Work (Undergraduate Elective)

## AWARDS & GRANTS

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### **Best Thesis Award (2018)**

International School of Management award for outstanding academic achievements (Master's Thesis ranked 2<sup>nd</sup>/395 theses submitted in the academic year 2017/2018)

### **Sawtooth Software Research Grant (2017)**

Research grant to use professional conjoint analysis software and simulation tool for master's thesis

### **SMU Presidential Doctoral Fellowship (2022)**

Award granted to existing PhD students who have consistently shown exceptional research achievements in their domain research areas

### **SMU Internal Research Grant (2022)**

Research grant funded by the Singapore Ministry of Education (MOE) Tier 1 Academic Research Fund (AcRF) to support research projects exploring the role of mindfulness and mindfulness interventions in entrepreneurship

### **Diana Koh Social Transformation Grant Program (2024)**

Research grant funded by the Lien Centre for Social Innovation at Singapore Management University to support research on the effects of a mindfulness-based personal development program on confidence and employability of youth facing adversities

## CERTIFICATIONS & WORK EXPERIENCE

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### **Certified Mindfulness Teacher (MBSAT) | Health & Wellbeing (2024)**

### **Certified Yoga Teacher (500 Hr) | Health & Wellbeing (2019)**

### **Co-Founder | E-Commerce & Manufacturing (2017-2019)**

APPLESTRUDEL INC. (SLIMEFANTASIES.COM)

### **Sales & Marketing Coordinator | Automotive - Autonomous Driving (2017-2018)**

AUTONOMOUSSTUFF LLC IN SAN JOSE, CALIFORNIA, USA

## SKILLS

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### **Languages**

- German (native speaker)
- English (fluent)
- French (basic)

### **Other**

- Website development (WordPress, Squarespace, Wix)
- Graphic design, audio, video editing (Adobe Photoshop, InDesign, Illustrator, PremierePro)
- E-commerce (Shopify, Amazon)